

## Int.Dance Contest - Dance Guidelines

### Age groups

The Int.DanceContest consists of the following age groups with the key date 1.1 of the current year.

The average age determines the age category in which an entry starts (except in category: Solo).

Minis: from 6 to 9.1 years

Children: from 9.1 to 12.6 years

Juniors I: from 12.6 to 15.6 years

Juniors II: from 15.6 to 19.6 years

General class: from 19.6 years



### Time limits

Solo, Pair/Trio: 1:30 - 2:00 min

Small group, group: 2:00 - 3:00 min

Production Number: 3:00 -5:00 min

Classical music can be shorter or longer according to the original choreography

### General

- The entry/registration must be made exclusively via the registration portal of Dance Project Austria. It is only valid once the registration and entry fees have been received.
- With the registration, all rights of use are transferred to Dance Project Austria. This applies to all film, television and photo recordings made during the competitions, the transferable and in every respect (in particular factual, territorial and temporal) unrestricted rights of use for any number of media of any kind (in particular in the form of television programs as well as through evaluation on audiovisual media and online via on-demand services) and other interactive uses.
- The number of dances is basically not limited.
- If entries are withdrawn after the registration deadline and portal closure or do not appear in the competition, the full registration fees will be charged and there is no entitlement to a refund.
- Multiple entries of a participant in different disciplines and categories are permitted. Deadline is 01.01. of the current/current year. The average age is decisive for the age group in which a contribution starts.

### Categories

Solo: one dancer

Couple/trio: two / three dancers

Small group: 4 – 10 dancers

Group: from 11 dancers

**Classical/Ballet:** Purely classical techniques are allowed, which are danced in light slippers or pointe shoes. There is also the opportunity to dance original choreographies or parts of well-known pieces.

The jury attaches particular importance to good technique and, above all, attitude. The feeling of ballet must be conveyed, which is meaningfully represented with the respective technique, posture and stage presence.

Pointe dancing is only permitted from the Junior I age group, i.e. dancers in pointe shoes must be at least 12.5 years old (this applies to all categories).

**Contemporary/Modern:** Various modern styles such as Graham, Limon, Horton should be included in the presentation. Contemporary dance elements and neoclassical movement variants are allowed.

**Lyrical:** Lyrical dance combines various dance styles from ballet, jazz, modern dance and contemporary and can also include elements of acrobatics.

In lyrical dance, emotional moods are connected. Mastery of the basic techniques of jazz, ballet and modern dance should prevail. The focus is on expression, emotion and choreography.

**Jazz:** Jazz styles such as classic jazz dance, as well as Broadway jazz or Latin jazz are permitted. Characteristics are the isolation of movements, contractions, collapse, coordination, guidance/impulses and the ability to dance at different levels.

**Urban Dance Styles:** (formerly HipHop/Funk/Streetstyle): All urban dance styles such as locking, popping, electric boogaloo, house, krumping, bboying (but must not dominate), party dances, wacking or voguing are permitted. There should be several clearly recognizable styles in the presentation, and the characteristics (music, expression, clothing) of the individual styles should also be taken into account. However, acrobatic elements may dominate and must be homogeneously integrated into the presentation. The dance elements and accents must be clearly in the foreground. BBoying/Breakdance: Bboying consists of the elements top rocking, down rocking, freezes and power moves. Acrobatic elements are also allowed. The dance elements are in the foreground. The characteristics of the dance must be recognizable.

**Acro Dance:** The dance elements must prevail here.

**Step/tap dance:** The different step styles, such as Irish dance, are permitted. There must be no audible tap in the music for the performance.

**Song & Dance:** The balance between dance and song (50:50) must prevail. All dance and music styles are allowed. There are 3 hand microphones available, at least 1 microphone must be in use. The live singing must be clearly audible and the music for the performance may only have the background choir recorded.

**Musical:** The music to be danced to should come from an original musical, dance or music film (e.g. Dance of the Vampires, Dirty Dancing, High School Musical, etc.). The character of the selected musical piece must be clearly recognizable. However, no original (film) choreographies may be used.

**Production Number:** The theme and/or content as well as the plot of the performances must be clearly recognizable. The time limit is limited to a maximum of 5:00 minutes. From 11 dancers you can compete in this discipline. All dance styles are allowed.

**Folklore/Character/Ethnic Dance:** Original choreography is allowed but not required. It is important that the original character of the dances must be preserved. The costumes must be adapted to the original.

**Commercial Dance:** This discipline consists of different dance styles and dance elements that have characteristics from MTV. Modern and contemporary newly interpreted choreographies are paired with the music of famous singers/bands/club and party sounds. A combination of jazz, funk, hip-hop, and many other styles found in live performance and music videos is permitted in commercial style. The focus is on an expressive performance that resembles current trends in the music and dance scene.

**Open:** All techniques and performances that cannot be clearly assigned to one of the disciplines mentioned or are danced in a combination of different dance techniques/styles are to be classified in the Open discipline.

**Special Dance & Para Dance:** Dancers with disabilities can compete in the disciplines mentioned above. The same rules and requirements apply to everyone. The assessment and evaluation takes place in special groups. Special Dancers can dance solo or in duet (with or without a partner with disabilities). In the group of up to 5 dancers, at least one special dancer must perform, from 6 dancers the minimum is 2 special dancers!

#### **Criteria:**

Level: technical difficulty, execution and precision, synchronicity

Technique: affects the level of learning and presentation

Choreography: creativity and originality

Overall impression: expression, presentation, energy

#### **General**

- The evaluating jury consists of 3 jurors who are not related to a participating school/club. The jurors have appropriate training and/or professional stage experience.
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- Each juror can award 10 points per criterion - a maximum of 40 points can be achieved per juror. The evaluation of the jury is closed and final.
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- A class (amateur): This is where amateur/recreational dancers from schools/clubs/dance groups dance in all of the above age groups, categories and disciplines!
- ProAm class (Professional Amateur): Here, professional trainees, dance teachers, teachers and professionals, also professionals with amateurs, dance teachers with their students or with each other dance in all age groups and disciplines.
- Pointe dancing is only permitted from the Junior I age group, i.e. dancers in pointe shoes must be at least 12.5 years old (this applies to all categories).
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- The school / association is responsible for the music - selection, technical condition and provision - mp3 upload when registering the dance in the portal. "Explicit lyrics" (=

insulting, racist, sexist text content) are prohibited. Failure to do so will result in the deduction of 20 rating points.

- The music is played back by uploading mp3 files when registering the dance in the registration portal. A backup must be made on a USB stick and must be kept ready if necessary.

### **Organizational**

With the registration for the Int. Dance Contest, the official guidelines of Dance Project Austria are accepted.

The tournament management can carry out spot checks before or after the dance contributions if the jury has doubts about the correctness of the age information. Dancers must be able to prove their age.

The schools / clubs are responsible for the risk of accidents for their active participants.

### **Artistic**

- Definition of "Acrobatics": Acrobatic and gymnastic arches, cycles, leg movements, etc. should only be used when they are involved in the dance and not dominating it.
- All performances are permitted whose music, costume and style do not violate decency and good manners.
- Props are permitted as long as they are included in the dance and are brought onto the stage quickly by the dancers and removed by them when they leave.
- Open flames and fireworks are prohibited.
- Creativity, originality and room layout are important.
- The choreography should be adapted to the skills of the dancers.
- Individual performances can only be evaluated in solo competitions. In all other categories, the group level is used as the basis for evaluation.
- Couple / trio dances should be choreographed in such a way that the connection between the dancers is recognizable.
  
- The starting order in tournaments must be observed. If a change of clothes break is necessary, this must be announced to the tournament management when registering, as soon as the starting order is generally known.
- The dancer(s) must be backstage at least five posts before their own performance in order to ensure that the competition runs smoothly and smoothly.
- The ascent to the stage takes place after calling the start number and leads directly to the starting position.
- Live singing is only permitted in the disciplines "Song & Dance" and "Production Number".
- If a dance is entered in the wrong discipline, the jury will transfer the dance to the correct discipline and will not result in any points being deducted.
- A dancer may jump a maximum of 2 age groups! This means that a Mini may not dance with one or more dancers from the Junior II age group, nor can a Mini or a child dance with dancers from the General Class.